

2025



ORGANIZATION PROFILE

An Inclusive, Results-Driven Platform
for Adolescent Girls and Young People
with and Without Disabilities

www.adolescentgate.or.tz

Organizational Identity & Background

Adolescent Gate Organization (AGO) is a non-governmental organization based in Mwanza, Tanzania, founded in 2021 to address critical gaps in inclusive, adolescent-centered development.

AGO is grounded in the conviction that adolescence is the most decisive stage for shaping lifelong wellbeing and social outcomes. Without intentional investment during this period, cycles of poverty, exclusion, and inequality particularly for girls, adolescents with disabilities, and young mothers persist across generations.

The organization was officially registered in March 2022 under the Non-Governmental Organizations Act of 2002, with Registration Number: 00NGO/R/2974.



Our Mission and Vision



Vision

A Community where all adolescents and young people, girls and boys, with and without disabilities are empowered to lead healthy, productive, and dignified lives and to contribute meaningfully to their communities.

Mission

To equip adolescents and young people with inclusive education, life-saving health information, employable skills, and social-emotional competencies, enabling them to create sustainable change.



Our Core Belief

AGO is guided by the following principles:

- Adolescence is a gateway period for lifelong development
- Interventions delivered at this stage generate the highest social and economic returns
- The exclusion of girls, adolescents with disabilities, and young mothers drives intergenerational poverty and inequality
- Nothing about adolescents should be designed without their meaningful participation

Executive Summary

Adolescent Gate is AGO's flagship, integrated adolescent and youth development platform delivering measurable results across education, health, livelihoods, protection, and psychosocial wellbeing.

Operating at the intersection of gender equality, disability inclusion, and youth empowerment, Adolescent Gate reaches adolescents often excluded from mainstream services particularly girls with disabilities and young mothers raising children with disabilities.

Early results demonstrate progress in:

- ✓ Improving school retention and learning outcomes for girls with disabilities
- ✓ Supporting young mothers to re-engage in education and livelihoods
- ✓ Increasing access to inclusive Sexual and Reproductive Health and Rights (SRHR) information
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The Adolescent Gate model is cost-effective, scalable, and community-owned, positioning it as a strong investment opportunity for donors committed to equity and long-term impact.





The Problem We Address

Despite national and global commitments, adolescents especially girls with disabilities and young mothers remain systematically excluded from opportunities.

Key Challenges:

- ☑ Girls with disabilities are 2–3 times more likely to be out of school
- ☑ Young mothers face permanent school dropout and economic dependency
- ☑ Adolescents with disabilities are frequently excluded from SRHR education, increasing vulnerability to abuse and unintended pregnancy
- ☑ Mental health challenges and social isolation are widespread but severely underfunded

Adolescent Gate responds to these intersecting vulnerabilities through a single, integrated platform.



Our Solution: The Adolescent Gate Model

Adolescent Gate operates as a one-stop, inclusive “gateway”, connecting adolescents to essential services through schools, communities, and youth-friendly safe spaces.

What Makes Adolescent Gate Distinct:

- ✓ Disability inclusion embedded by design
- ✓ Gender-transformative
- ✓ Evidence informed and outcomes-focused
- ✓ Integrated approach linking education, SRHR, livelihoods, and SEL
- ✓ Strong collaboration with schools, health facilities, and Disabled Persons’ Organizations (DPOs)

Results & Impact to Date (Early-stage, illustrative)



Education & Inclusion

- 28% of enrolled girls with disabilities successfully remained in school after 12 months
- 35% improvement in literacy and numeracy among out-of-school girls re-entering learning pathways
- 30% of trained teachers demonstrated improved inclusive teaching practices



Skills & Economic Empowerment

- 22% of engaged young mothers completed vocational or entrepreneurship training modules
- 11% reported early increases in household income within six months
- 10 out of 26 young mothers reported increased confidence and decision-making power



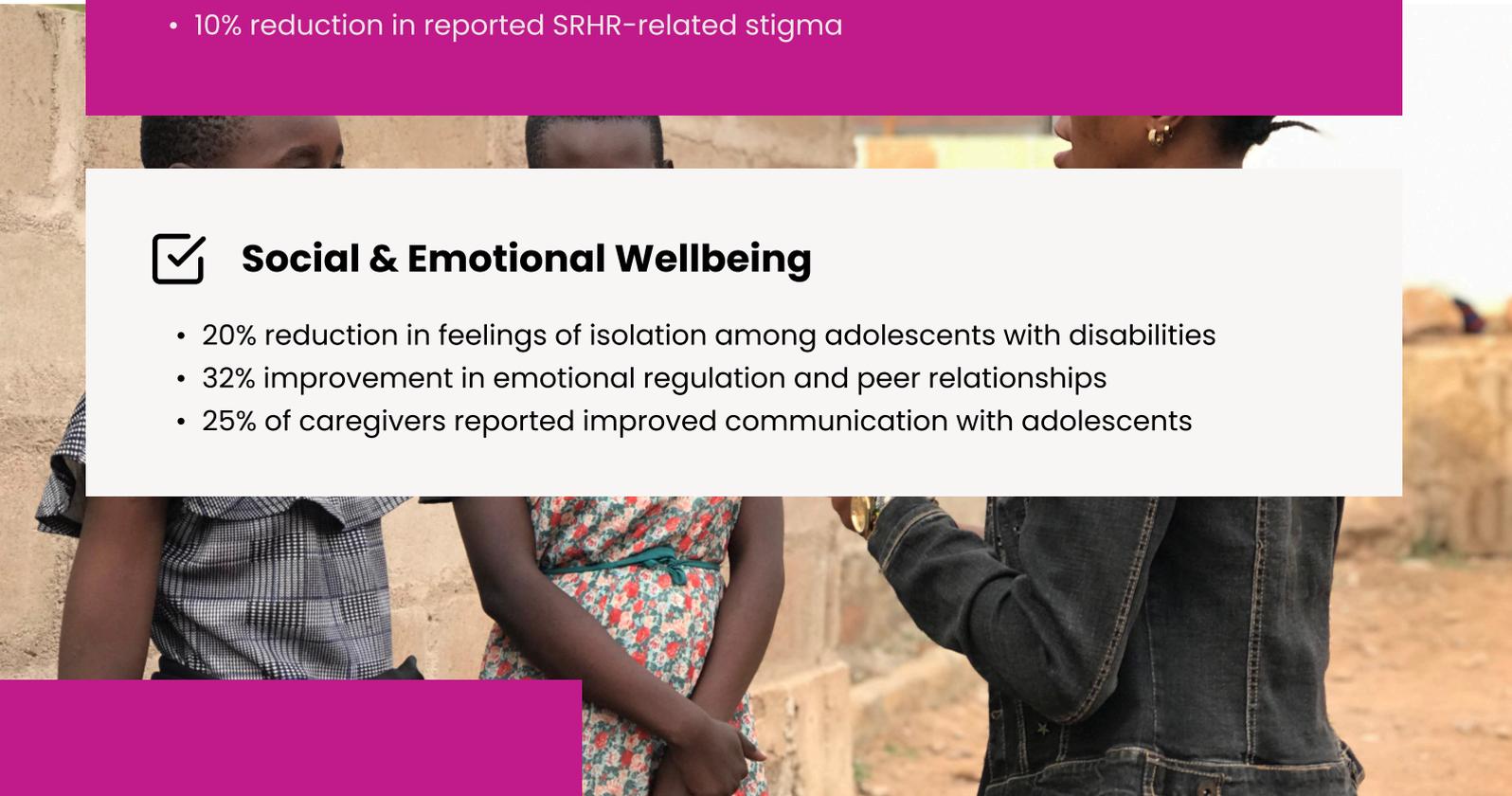
SRHR Knowledge & Access

- 45% of adolescents demonstrated improved SRHR knowledge post-intervention
- 12% increase in utilization of youth-friendly SRHR services
- 10% reduction in reported SRHR-related stigma



Social & Emotional Wellbeing

- 20% reduction in feelings of isolation among adolescents with disabilities
- 32% improvement in emotional regulation and peer relationships
- 25% of caregivers reported improved communication with adolescents



Program Pillars

Pillar 1: Inclusive Education for Girls With and Without Disabilities

Investment Rationale

Education delivers the highest return for girls, yet those with disabilities face the greatest barriers.

AGO's Approach

- Universal Design for Learning (UDL)
- Teacher training on inclusion, safeguarding, and gender equality
- Assistive devices and accessible learning materials
- School re-entry pathways for pregnant girls and young mothers
- Community advocacy to reduce stigma
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Expected Results

- ✓ Increased enrollment and retention
- ✓ Improved learning outcomes
- ✓ Safer, inclusive learning environments



Pillar 2: Skills Building & Economic Empowerment for Young Mothers

(Including mothers of children with disabilities)

Investment Rationale

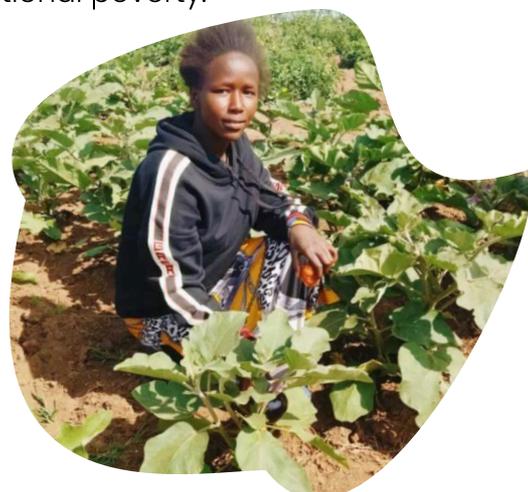
Economic exclusion of young mothers perpetuates intergenerational poverty.

AGO's Approach

- Flexible vocational and entrepreneurship training
- Financial literacy and savings groups
- Inclusive childcare and parenting support
- Seed capital and mentorship networks

Expected Results

- ✓ Increased income and self-reliance
- ✓ Improved wellbeing of children with disabilities
- ✓ Reduced vulnerability to exploitation



Program Pillars Cont..

Pillar 3: Sexual & Reproductive Health and Rights (SRHR)

AGO's Approach

- Disability-inclusive Comprehensive Sexuality Education
- Accessible SRHR materials (sign language, easy-read formats)
- Youth-friendly and disability-responsive health referrals
- Menstrual and maternal health support

Expected Results

- ✓ Improved SRHR knowledge and autonomy
- ✓ Increased service uptake
- ✓ Reduced stigma and abuse risk



Pillar 4: Social & Emotional Learning (SEL)

AGO's Approach

- Structured SEL curriculum
- Trauma-informed psychosocial support
- Peer support groups and safe spaces
- Caregiver engagement

Expected Results

- ✓ Improved mental wellbeing
- ✓ Stronger peer relationships
- ✓ Reduced social isolation



Pillar 5: Adolescent Leadership & Civic Engagement

AGO's Approach

- Inclusive youth leadership councils
- Advocacy and public speaking training
- Adolescent-led community initiatives

Donor Value

- ✓ Sustainability through youth ownership
- ✓ Policy influence and accountability



Program Pillars Cont..

Pillar 6: Child Protection & GBV Prevention

AGO's Approach

- Protection education and safeguarding systems
- GBV prevention and referral pathways
- Community norm-change initiatives



Pillar 7: Digital Inclusion & Innovation

AGO's Approach

- Digital literacy and online safety
- Assistive and accessible technologies
- Digital skills for employment and learning



Pillar 8: Family & Community Systems Strengthening

AGO's Approach

- Parenting and caregiver education
- Engagement of men and boys
- Support groups for caregivers of children with disabilities



Pillar 9: Evidence, Learning & Systems Change

AGO's Approach

- Robust MEL systems
- Disability- and gender-disaggregated data
- Policy engagement at district and national levels



Optional Pillar 10: Climate, Resilience & Crisis Preparedness

- Psychosocial support during emergencies
- Continuity of education and SRHR services
- Climate awareness for adolescents



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